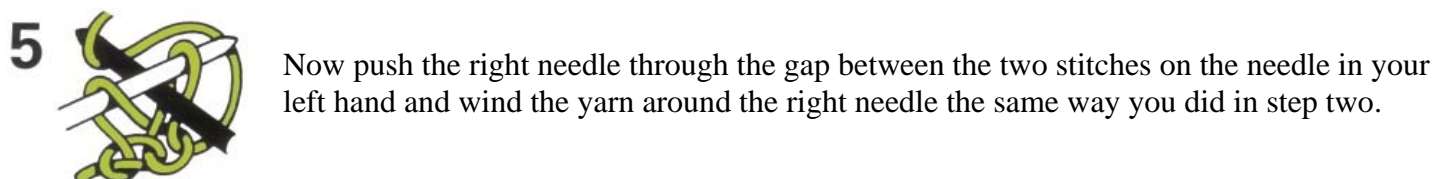
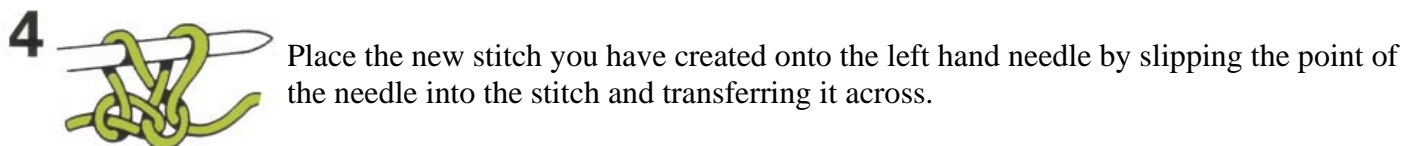
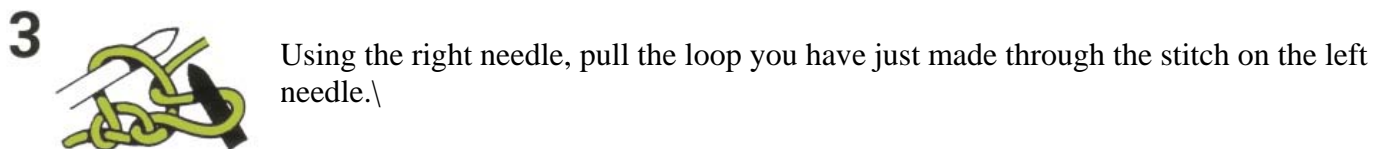
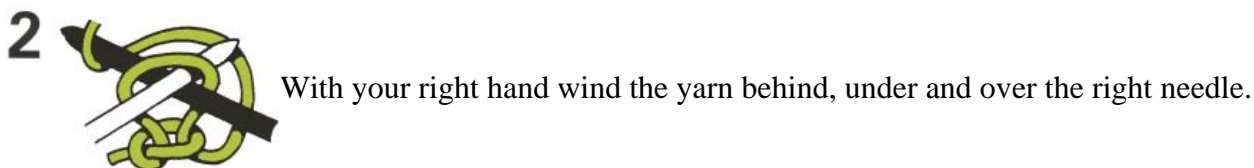
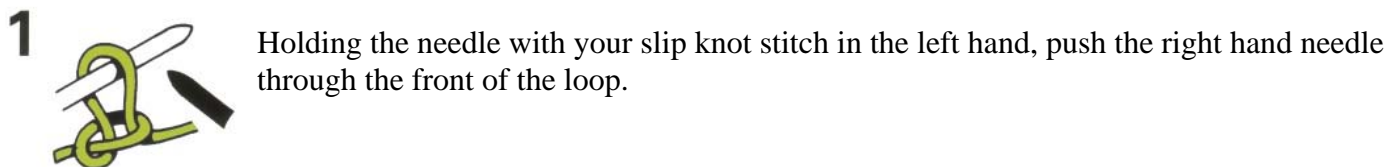




## Casting On Knitting

If you are planning on doing a lot of knitting, you are going to have to learn casting on. Knitting cannot be started until you have the required number of stitches on your needle!

The first step in casting knitting on is to form a looped knot in your yarn to create your first stitch. I tend to use a slip knot to do this. To make a slip knot, wind the yarn around two fingers and over the two fingers again to the back of the first loop. Pull the back thread through the loop, insert your knitting needle and pull the knot tight.





**6** Using the right needle, pull the loop you have just made through the stitch on the left needle.



**7** Place the new stitch you have created onto the left hand needle by slipping the point of the needle into the stitch and transferring it across.

Now you just repeat each of the steps from one to seven until you have the right number of stitches on the left hand needle.